



*Turn your passion for horses into a career*  
*Enriching and Therapeutic*

*Assisted By Horses*

# Holistic Program

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Equine Mediation and Therapeutic Coaching



[www.essentialbyhorses.wixsite.com](http://www.essentialbyhorses.wixsite.com)





# About us

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EBH offers certified 100% online learning, with the assistance of the horse.

Our holistic approach takes into account the individual as a whole. Designed for equestrian enthusiasts, equestrian professionals and those in the medical and social fields, our program integrates the skills of our multidisciplinary team to teach participants to work with diverse audiences in collaboration with horses as therapeutic partners.

Beyond equestrian techniques, our coaching includes equine mediation, coaching and learning through horses, emphasizing the therapeutic and holistic impact.

We are committed to meeting the needs of communities with certified training available in English, French and Arabic.



# Vision

## OUR PHILOSOPHY



### EVOLUTION ET INNOVATION

We are committed to constant evolution and a relentless pursuit of innovation, adapting our practices to meet the changing needs of our learners and our field.



### POSITIF IMPACT

Our passion is to make a positive impact in the lives of individuals and communities through equine mediation and therapeutic coaching.



### REWARDING EXPERIENCE

We offer a quality experience that promotes growth, well-being and an authentic connection with horses, with accessibility to international experiences

**Accompany and support others through Equine Mediation and Therapeutic Coaching**







# 50 HOURS OF ONLINE CLASSES

## 6 THEMATIC MODULES SPREAD OVER A PERIOD OF 3 MONTHS

The 50 hours of online teaching aim to transmit the knowledge, practical skills and attitudes essential to the professional practice of equine mediation, coaching and learning through the horse. These hours are divided into 6 thematic modules over a period of 3 months.

The practices aim to transmit, learn and apply in a real situation and they are evaluated.

# Coaching modules



## **MODULE 1**

### **Coaching Identity**

Definitions, Current  
Development and Science



## **MODULE 2**

Psychology and Physiology  
Applied to Equine-Assisted  
Coaching & Learning



## **MODULE 3**

Ethology and Horse Selection



## **MODULE 4**

Psychotherapeutic Models



## **MODULE 5**

Body techniques



## **MODULE 6**

Ethics and Codex  
work



## **MODULE 7 ET 8**

Optional  
Equestrian Club Management  
Practical Workshop





# COACHNIG PROCESS

## INSCRIPTION



- Complete and submit a registration form.
- Signature of Required Skills Certificate
- Reserve your place.
- Have a horse for practice

## SUPPORTS PÉDAGOGIQUES



- Presentations
- Educational videos
- Technical work paper
- Other relevant resources
- A complete manual

## MODALITÉS D'ÉVALUATION ET VALIDATION DE LA FORMATION



- 25 quizzes to assess understanding after each module.
- Submission of practical session videos for evaluation by our Coach.
- An online exam to validate the skills acquired. A certificate of follow-up coaching.
- A certificate of achievement after passing the final exam.



# WORKSHOPS

Scenarios and thematic coaching can be organized via workshops in different countries.  
Our collaborations are already in place in the following countries:



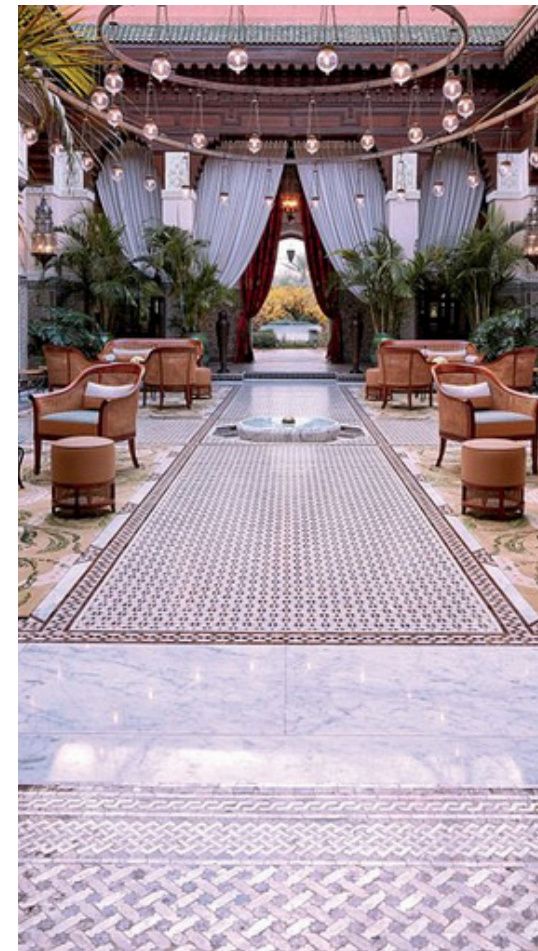
**Bulgaria**



**KSA**



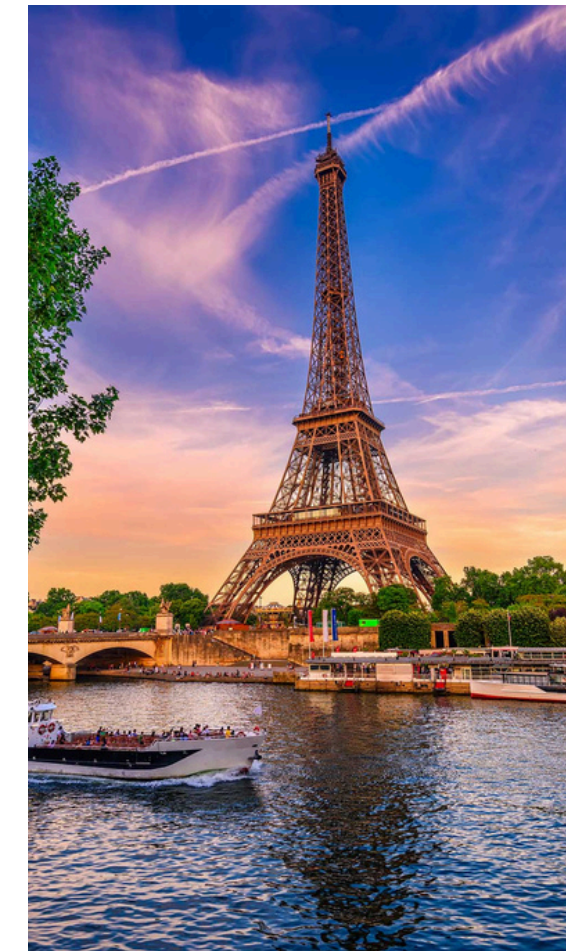
**UAE**



**MOROCCO**



**QATAR**



**FRENCH**



# More information

## COACHES

Our Coaches come from various fields, especially equestrian, with big background, ethologists and federal experts, as well as medico-social. Other sectors are also represented. This diversity of expertise guarantees comprehensive and multidisciplinary coaching

## Languages

The Communication Languages and Educational Supports used in our coaching are Arabic, English and French, provided via simultaneous translation.

## Dates

- From September to December
- Sessions available on request







# contact us

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